

6A NORTH REGION OUTDOOR TRACK & FIELD CHAMPIONSHIP SCHEDULE

Wednesday and Thursday; May 23 & 24, 2018
Robinson Secondary School

WEDNESDAY, MAY 23

4:00 p.m.	Coaches Meeting Weigh in Discus/Shot Pole Vault Verification
4:30 p.m.	Boys Discus Region C then D Girls Shot Region D then C Boys Long Jump Region C then D Girls Long Jump Region D then C Girls High Jump Region C then D Boys Pole Vault Region D then C
6:00 p.m.	100m/110m Hurdles-Prelims
6:30 p.m.	100m Dash-Prelims
6:55 p.m.	3200m RELAY FINALS
7:50 p.m.	200m Dash-Prelims

THURSDAY, MAY 24

4:00 p.m.	Coaches Meeting Weigh in Discus/Shot Pole Vault Verification
4:30 p.m.	Girls Discus Region C then D Boys Shot Region D then C Boys Triple Jump Region C then D Girls Triple Jump Region D then C Boys High Jump Region C then D Girls Pole Vault Region D then C
5:25 p.m.	NATIONAL ANTHEM
	<u>RUNNING FINALS</u>
5:30 p.m.	100m/110m Hurdles
5:45 p.m.	100m Dash
6:00 p.m.	1600m Run
6:35 p.m.	400m Relay
7:00 p.m.	400m Dash
7:30 p.m.	300m Hurdles
7:55 p.m.	800m Run
8:20 p.m.	200m Dash
8:30 p.m.	3200m Run
9:25 p.m.	1600m Relay
10:00 p.m.	TEAM AWARDS